

Co-ordinate 'x' is defined positive in the downward direction.

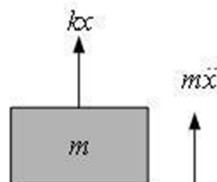
Let A be the amplitude of the vibration.

+A : maximum deflection in the positive(downward) x direction.

Let say, mass is at certain position x somewhere between $x = 0$ and $x = +A$ as it moves AWAY from equilibrium, if we draw the Free Body Diagram: we have a restoring force (spring force $F = kx$) and inertia force ' $m\ddot{x}$ '.

If we use D'Alembert's Law: the equation of motion becomes :

$$-m\ddot{x} - kx = 0$$



Inertia force always acts opposite to the direction of the motion so it's negative of $m\ddot{x}$.

Spring force is acting in the negative x direction. Hence, - kx.

Let say, now the mass is at certain position x somewhere between $x = 0$ and $x = +A$ as it moves TOWARDS the equilibrium, how do we write the equation of motion in this case?

Spring force is : -kx

Inertia force is: + $m\ddot{x}$ (opposite to the direction of motion – motion is upwards)

Equation of motion : $m\ddot{x} - kx = 0$

It is supposed to be same as the previous equation. Where am I going wrong?

